



Herbs for Health

Learn about the gentle and natural healing properties of herbs, homeopathic remedies, and aromatherapy.

This course covers the fundamentals of herbs through to the preparation of herbal remedies to overcome illness and promote health and well-being.

With course texts and course notes organized and written in a clear, explanatory manner, this course is ideal for both novice and expert herb enthusiasts.

“I really loved the Herbs for Health course. It has inspired me to research more on this subject.”

Renée Beauchamp

Highlights:

- » only 5 months or less required to complete the course
- » accredited, distance education
- » includes practice quizzes, tests, feature articles from *alive* magazine, final examination, certificate, and free shipping within North America
- » *Herbs Demystified* book by Holly Phaneuf
- » *The Top 100 Herbal Remedies* book by Ann McIntyre
- » *The Homeopathy Bible* book by Ambika Wauters
- » *The Complete Book of Essential Oils & Aromatherapy* book by Valerie Ann Worwood.
- » support and assistance while you study

Ideal for:

health practitioners, health care providers, nutritionists, aroma therapists, spa/wellness centre staff, pharmacists, Natural health products (NHP) retailers, NHP sales representatives, NHP manufacturers, health & wellness enthusiasts

Lesson 1—Introduction to Phytotherapy

Lesson 2—Safety First

Lesson 3—How to Use Herbs

Lesson 4—Key Medicinal Herbs (A-D)

Lesson 5—Key Medicinal Herbs (E-G)

Lesson 6—Key Medicinal Herbs (H-R)

Lesson 7—Key Medicinal Herbs (S-Y)

Lesson 8—Homeopathy

Lesson 9—Aromatherapy

Contact our admissions officers today!

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